

ELEVATE PRE-CAMP HEALTH SCREENING

DAY OF DEPARTURE

1. **Collect Health Forms** Make sure forms are complete and signed.
2. **Collect all medications** Place each camper's medication in their own zip-lock bag and mark the bag clearly with the following information:

Camper first and last name

Name of church/city

**Be sure prescription medication is in original containers with clear instructions from physician. Any over-the-counter medications must also be collected and must have clear instructions from parent/guardian on use.

3. **Please have a qualified individual conduct a simple health screening**

Suggested screening:

- Ask about exposure to chicken pox or other communicable diseases in previous 20 days.
- Ask about changes in health history information since it was submitted. (*Parents may wish to review the health history*)
- Ask if any family members had the flu or flu-like symptoms in the previous week.
- Check for fever.
- Look at scalp for rashes, or evidence of head lice.
- Take note of any health concerns or special instructions that may need to be communicated to the Camp Nurse upon arrival.

Please do not bring campers or counselors to camp with the following:

- Broken bones or recent head injuries that have not been treated.
- Illness with the last 48 hours such as nausea, vomiting, diarrhea, fever, sore throat, rash, open sores, pink eye or lice.
- Flu symptoms or a communicable disease.

Thank you for your help. It is our desire to provide a safe and healthy camp experience for every camper.